

G. T. A. H.

(Great Things are Happening)

Volume II Issue III

March, 2014



Spring Forward
March 9

Why I Hired a Personal Trainer

David Anthony Clarke, Sr.

For years I have been exercising regularly trying to lose weight and trim belly fat to no avail. I would work out mostly at home, walk, and ride my bike. I have yet to see the results I want. I finally broke down and joined a local gym last August. I didn't really get down and dirty with gym workouts, though, until December and for two months was in there consistently three to four times a week. By the end of January I still did not see the results I wanted. I called myself eating right. If I ate out I would grab grilled or baked chicken, a salad, or something else that wasn't too high in calories or containing too many carbohydrates. I chilled out with the chocolate. *No, really, I did!* I only yield to the spirit of chocolate on Sundays. I give myself that day to be a chocoholic! Otherwise, I've become very disciplined with the sweets,

sodas, sweet tea, etc. As far as I could see I was doing the right things but seeing no results.

I tried apps that sync on my various devices that track what I eat, drink, and how much I exercise. I You-tubed and Googled (you know I did!) all sorts of tips to help me reach my goals, but nothing worked. Fruit smoothies, green smoothies, so-called Fat Flush Water-*my doctor laughed when I told him about that one-nothing worked.* I got advice from friends, worked out with one of my Armor Bearers a couple of years ago and lost five pounds, but couldn't lose another ounce. Those five pounds have since came back with a couple more!

I constantly run across stories of people losing hundreds of pounds and all I want to lose is around 10-15 and shave two to three inches off my waistline, but can't seem to do it. What's really crazy is people would say, "Pastor Clarke, you

look like you're losing weight." Then, in another setting in the same timeframe, someone would acknowledge I wasn't missing any meals and say, "Ooooooh, Pastor Clarke, Michelle's feeding you real good, ain't she?"

Something is missing. I was on the verge of giving up.

So, as a last resort, I committed to six months with a personal trainer. As I write this article on March 3, 2014, I've had two sessions so far. I've learned a lot. I see where I was going wrong. More importantly, I see the benefit of having an expert work directly with you one-on-one. There are some goals we may never reach if we try to reach them alone. Discipleship, financial management, marriage, parenting, and leadership are areas where partnering with an expert can work wonders. Having someone who can come alongside you to



educate you, enhance your technique, boost your discipline, keep you focused, and cheer you on can yield amazing results.

I believe I have found the missing link to the health concerns I face. I am very optimistic about achieving the results I desire by August. If you look at any area of your life and feel as though you're doing all the right things and not seeing the results you want, commit to an expert working with you one-on-one to coach you toward reaching your goals.



~ MISSION STATEMENT ~

"To draw people to Christ, maximize our potential and creatively meet the physical and emotional needs of the church and community."



~ March Events ~

1	PLACE, Vision Center	8:00 a.m.
2	Zion Hill Baptist Church, Eastman, GA	2:00 p.m.
3	Prayer Walk meeting, CC	6:30 p.m.
3	Women's Bible Study, VC	7:00 p.m.
4	Praise Team, S	7:00 p.m.
5	Ministers Training, Conference Room	6:00 p.m.
6	Choir Rehearsal, S	7:00 p.m.
8	Worship Ministries	8:00 a.m.
8	Golden Achievers	12:00 p.m.
8	Youth Leaders, VC	12:00 p.m.
9	Spring Chapel Baptist Church, Kathleen, GA	2:30 p.m.
10	Men's Bible Study, VC	6:30 p.m.
11	Manup, VC	6:30 p.m.
12	SWAT & SWAT Jr, VC	6:00 p.m.
13	Vision Leaders meeting, VC	6:30 p.m.
13	Singles Ministry meeting, Conference Room	6:30 p.m.
13	Healthcare Meeting, Conference Meeting	7:00 p.m.
15	Worship Ministries	8:00 a.m.
15	Ministers Meeting, VC	9:00 a.m.
16	Girl Power, VC	4:00 p.m.
17	Prayer Walk meeting, CC	6:30 p.m.
17	Women's Bible Study, Vision Center	7:00 p.m.
18	Intercessory Prayer, Class #4	6:30 p.m.

Learn, Serve, Give, Connect

Church Service Hours



Sunday Morning Prayer
7:45 a.m.

Sunday School
9:30 a.m.

Sunday Worship
8:00 a.m. and 11:00 a.m.

Sunday Bible Study
6:00 p.m.

Wednesday Midday Manna
12:00 p.m.

Wednesday Bible Study
7:00 p.m.

Radio Broadcast
Sundays, 1:15 p.m. - 2:00 p.m.
"The Light" FM 100.5

Church Office Hours
Tuesday - Friday
8:00 a.m. - 4:30 p.m.

Additional Church Hours
Monday - Thursday
6:00 p.m. - 9:00 p.m.

~ VISION STATEMENT ~

"To be a global network of learning, loving and life transforming ministries where hungry worshippers are discovering and walking in their God-given purpose with exceeding great joy."

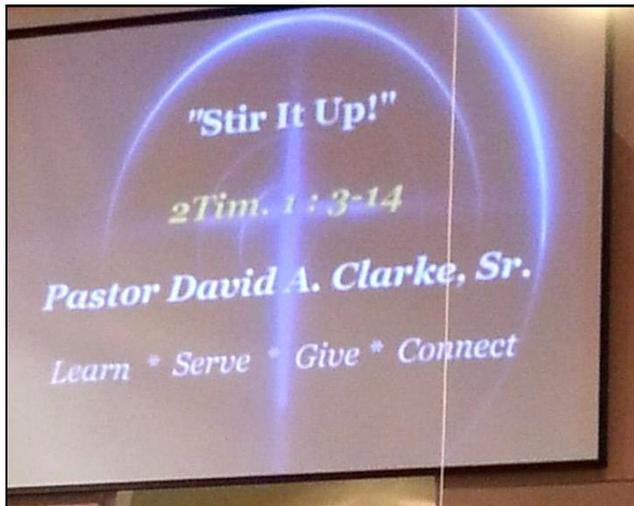
Happy Birthday, First Lady!!!



March 31

~ Leadership Consecration Service ~

February 9, 2014



Consecration:

setting yourself aside for service to God

Pastor Clarke's Leadership Consecration message was: "Stir It Up!" and was taken from II Timothy 1:3-14

In the body, there are "Pauls" and "Timothys"

Which are you?

Are you walking in your role?



Pastor
Assistant Pastor
Elders
and
Ministers

Deacons
and
Junior Deacons



And He (Jesus) spoke a parable to them: "Can the blind lead the blind? Will they not both fall into the ditch?"

Luke 6:39

While you may imagine a leader to be a strong personality who remains unmoved in the toughest of situations and can think clearly and calmly to provide the best decision, sometimes even a leader needs inspiration. And what better place to find this inspiration than in the Bible? The quote mentioned above is one of the most popular leadership quotes from the Bible. It clearly explains what the Bible says about leadership. No matter what you read about leadership in the Bible, you will find that all of them reflect certain qualities that a leader should possess. These include humility, logic, analysis, compassion, empathy, righteousness, and considerate behavior. Only power does not make a leader. These qualities are essential in order to make a good leader. **To understand this, here are some quotes from the Bible about leadership that will inspire you to take on the role of a leader:**

But the thing displeased Samuel when they said, "Give us a king to judge us." So Samuel prayed to the Lord. And the Lord said to Samuel, "Heed the voice of the people in all that they say to you; for they have not rejected you, but they have rejected Me, that I should not reign over them." 1 Samuel 8:6-7

But among you it will be different. Whoever wants to be a leader among you must be your servant.

Matthew 20:26

For if a man know not how to rule his own house, how shall he take care of the church of God? 1 Timothy 3:5

Where there is no wise guidance, the nation falls, but in the multitude of counselors there is victory.

Proverbs 11:14

Be shepherds of God's flock that is under your care, serving as overseers-not because you must, but because you are willing, as God wants you to be; not greedy for money, but eager to serve; not lording it over those entrusted to you, but being examples to the flock. And when the Chief Shepherd appears, you will receive the crown of glory that will never fade away. 1 Peter 5:2-4

As each has received a gift, employ it in serving one another, as good managers of the grace of God in its various forms. 1 Peter 4:10

When the righteous are in authority, the people rejoice: but when the wicked beareth rule, the people mourn.

Proverbs 29:2 (KJV)

A faithful, sensible servant is one to whom the master can give the responsibility of managing his other household servants and feeding them. If the master returns and finds that the servant has done a good job, there will be a reward. I tell you the truth, the master will put that servant in charge of all he owns. Matthew 24:45-47

(God said...) "He who rules over men must be just, ruling in the fear of God. And he shall be like the light of the morning when the sun rises, a morning without clouds, like the tender grass springing out of the earth, by clear shining after rain." 2 Samuel 23:3b-4

A ruler who lacks understanding is a great oppressor, but he who hates covetousness will prolong his days.

Proverbs 28:16

You will definitely derive the strength and inspiration from these quotes from the Bible, and will be able to lead in a manner that you and your followers find just and effective.

Read more at Buzzle: <http://www.buzzle.com/articles/leadership-quotes-from-the-bible.html>

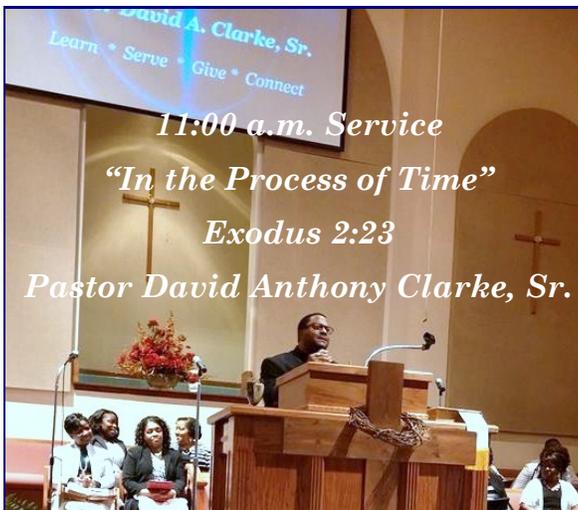
March 2, 2014

8:00 a.m. Service
“What’s in a Name?”
Matthew 1:21 - 25
Elder James Ford



Elder James Ford

*“Your grace and mercy
Brought me through
I’m living this moment
Because of you
I want to thank you
And praise you, too
Your grace and mercy
Brought me through.”*



11:00 a.m. Service
“In the Process of Time”
Exodus 2:23
Pastor David Anthony Clarke, Sr.

“God has left us the recipe for life in the Bible. We don’t have to just survive.

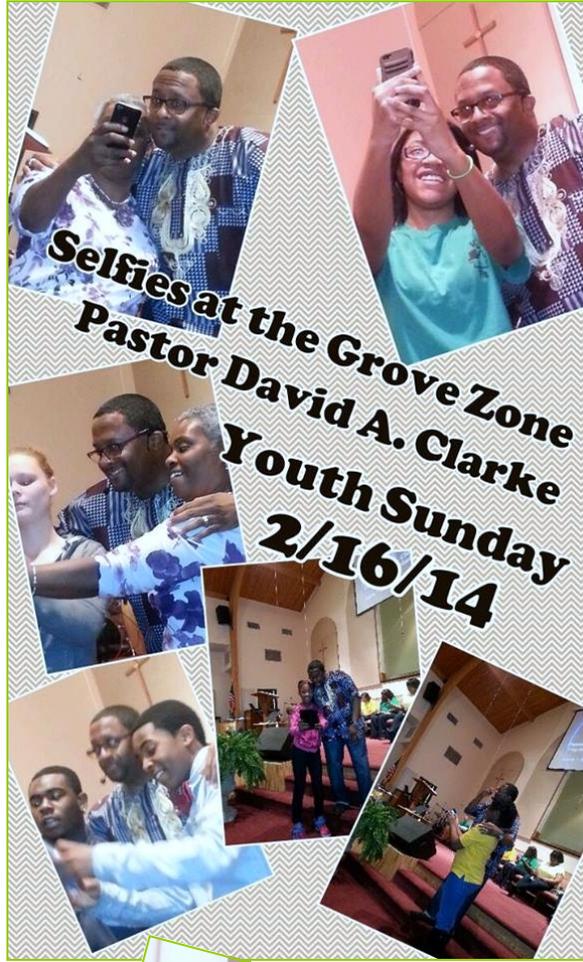
If you want to make life better, you must:

- 1) **Have a Vision** - dream, have a picture of what you want.
- 2) **Repentance** - I am working on changing me...breaking strongholds
- 3) **Rejoice** - because God has kept me. Thank God through all things. Praise God because your best days are yet to come. You ain’t seen your best day, yet. The best is yet to come!”



"Each one, reach one..."





~ Youth Choir Fellowship ~

(with their guests at the Vision Center)



Congratulations!!!

G. T. A. H.
(Great Things are Happening)

“Congratulations”

Maalik Leggette

Football scholarship
with Saint Augustine
University, in Raleigh,
North Carolina



Scholarship Ministry

~ Preparing for the Future ~ Armstrong Atlantic State University Visit

Sis. LaShondria Smith

On Saturday, February 22, 2014, seven high school students: Tobias Leonard, sophomore Rutland High School; Caleb Doe, senior Christian Fellowship Academy; Kymori Edwards, senior Warner Robins High School; Shirlinda Edwards, junior Warner Robins High School; Leo Finkley, Jr. sophomore Warner Robins High School; Hannah Little, junior Edge Academy and Kiera Salone, junior Veterans High School, attended Pirate Preview Open House at Armstrong Atlantic State University in Savannah, Georgia. The open house consisted of gaining information on admission requirements, preparing for college, characteristics of students who do well in college, information on financial aid and scholarship opportunities. The tour provided visits to classrooms, student center, computer lab, gym, dorms, theatre, dining options and academic buildings. Our tour guide was Charlene, a 2013 Warner Robins High School graduate majoring in Nursing, which was a special treat during the tour. The students received a t-shirt and pen for attending the open house. The students shared that the college visit was very informative, they learned a lot, appreciate the opportunity and look forward to attending more colleges/universities in the future.

While in Savannah, we checked on three of Union Grove's college students:

Tenisha Clarke, a junior at Savannah College of Art and Design majoring in Fashion Marketing and Management who shared her college and work experiences informing the students it's okay if you choose another major once in college based on what you learn about your passion and yourself while attending.

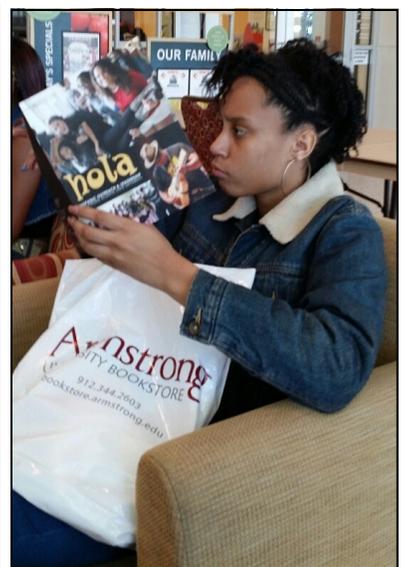
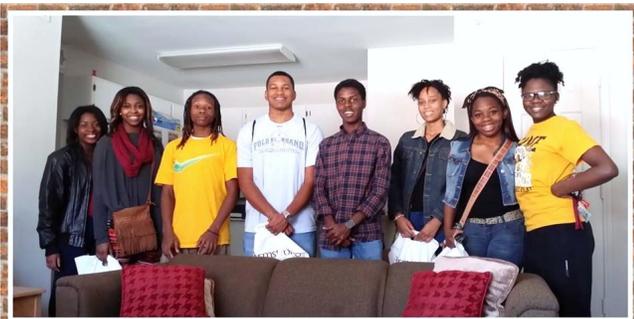
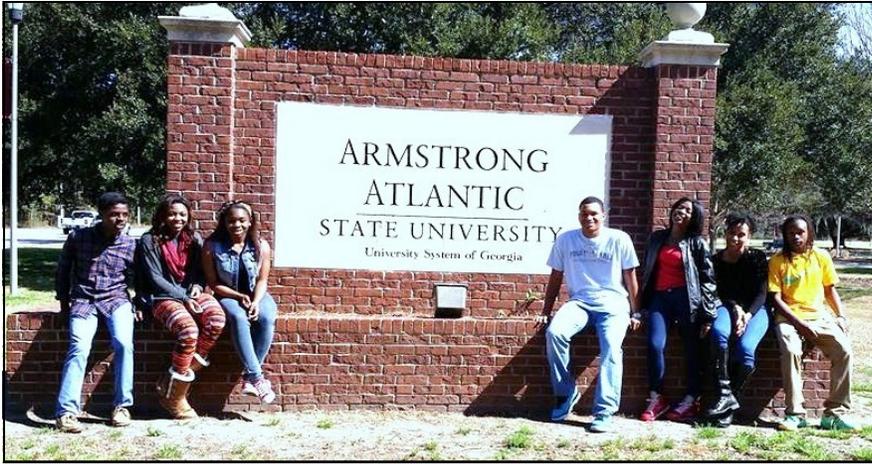


Aundra McCants, a senior at Armstrong Atlantic State University majoring in Communication Sciences and Disorders. She provided a tour of her dorm room and helpful insight to the students on prioritizing and time management, it's all about choices.

Chelsea Solomon, a senior at Savannah State University majoring in Music, who shared with the students not to focus on social life so much, but more on academics and succeeding.

The next college visit is scheduled for Sunday, March 30, 2014, to the University of West Georgia in Carrollton, Georgia.





~ Introducing Jr SWAT ~



***Reyna
Hobson***



***Sydney
Oglesby***



***Chanel
Strong***



***Jasmine
Wheeler***

Jr SWAT is the middle school version of SWAT (Students Working & Achieving Together). They are the modern-day version of Student Council and the voice of the “tween” population at Union Grove Missionary Baptist Church (UGMBC). This newly formed committee serves within the Youth Ministry with sub-ministry leader, Sis Salina Wheeler. This elite group is currently comprised of four young ladies: ***Reyna Hobson, Sydney Oglesby, Chanel Strong and Jasmine Wheeler.*** Each member had to apply and then interview for a **Jr SWAT** position. They also had to carry themselves in a respectful and respectable manner, display leadership traits, have a pleasant and upbeat attitude, good grades, and a willingness to serve and meet the needs of the youth and the church. They are also committed to attending meetings once or twice a month and converting thoughts and ideas into action - individually and collectively as a team.

Jr SWAT is in the midst of planning youth activities at The Vision Center (*aka 1231 & Davis*), including: open mic night, smoothie socials, book club, game night, etc. **Jr SWAT** will also participate in community events, such as: feeding the homeless, visiting retirement homes, assisting in pet shelters and neighborhood clean-ups.

Since we are approaching Easter Sunday, we are campaigning a food drive to help feed those who may "need a little help". We will accept canned goods, boxed foods, and other non-perishable foods that will help make Easter dinner special. We will also accept monetary donations to purchase grocery store gift cards for meats (chicken, turkey, etc.). Please visit The Vision Center to make a donation. We thank you for your support of this ministry and will keep you informed as we ***Learn, Serve, Give and Connect.***

Blessings,
Sis Salina Wheeler, Jr SWAT
Elder Rashee Ragin, Youth Vision Leader

Congratulations!!!



David having fun with Prince after the
"Blues Clues" Show



Jason at the
Georgia State Capitol



Way to go!!!

A decorative graphic featuring colorful scalloped borders in orange, blue, purple, and green, with scattered stars in various colors. The background is white.

Warner Robins Middle
A & B Honor Roll
Congratulations
Izaria McLean

A portrait of a young girl with dark hair styled in a bun, wearing a white top with a scalloped neckline. She is smiling and looking towards the camera.

LET'S GET OUR FINANCIAL HOUSE IN ORDER PART II



STEP 2 – Once you have completed all steps from the January edition and you know your financial condition, let's see what others think about you.

Obtain a copy of your credit report. You are entitled to one free copy of your report from each of the three credit reporting agencies each year. Go to annualcreditreport.com. Request only one report at this time. In four months, request one from one of the others, then the third four months after that. That way you monitor your credit report every four months. Now that you have your report, compare what you say you owe to what your creditors have reported. Clear up any huge discrepancies. There will be small differences depending on the date of the last reporting period to the credit company.

- Before we move on, I need to cover a little information about your credit score. The free report you get will not include this score. In most cases you will have to pay for this. If you have requested any new credit lately, you can get that score from the person/company who approved/disapproved your loan.
- We should all know what our score is. Our scores are an indicator of our financial stability. Even if you don't try to finance something, it is used to determine the amount you pay for car and homeowners insurance. More and more employers are checking credit reports when reviewing candidates. It can determine whether you get a security clearance.
- If you plan to purchase a home or vehicle in the future, you will need to keep or get your score up. You may end up with that car, house, boat, etc., but you will pay more if your score is low.

How can we get/keep our score up?

- 1) Pay bills on time.
- 2) Pay off and close out store credit cards.
- 3) Don't deal with finance companies. If you already have an account, pay it out. Then ask the company to close the account and report that it was closed at customer request.
- 4) Maintain a checking account at a bank or credit union.
- 5) Maintain a major credit card. The longer the account is open, the better.

Remember your budget should reflect your desire to become debt free.

If you have any questions, you may submit them to the GTAH or directly to me, or place a note in the Teaching Ministry slot in the mailroom.

See you next month.

PLACE Ministry invites YOU!



PLACE is an intentional process to connect church members into purpose-driven ministry including self discovery, individualized ministry coaching. Through the PLACE process, people discover that God has created and gifted them with a unique capacity to serve others.

Attend the next **PLACE Workshop** to discover how your personality, spiritual gifts, abilities, passions and life experiences work together to define your PLACE of service within the body of Christ. E-mail: placeatthegrove@gmail.com or contact Sis. Wanda Verrett at 478-284-1169 to sign up to attend the next workshop.



*March 1, 2014
Workshop Attendees*



Sister Angie, Elder Bradley, Sister Wanda

~ Pearl Stephens Appreciation ~

Union Grove Missionary Baptist Church "A Team" members: Brother Arthur James, Sister Annie Allen and Brother Oscar Anderson pictured presenting a \$500.00 donation to Mrs. Deborah Sanders, Principal of Pearl Stephens Elementary School



*Scenes from the Equally Yoked Marriage Ministry
Couples Dinner at Michael's
February 22, 2014*



**** ANNOUNCEMENT FROM THE GOLDEN ACHIEVERS ****

If you are a member of Union Grove Missionary Baptist Church and have reached that Golden Age of 60, come join us at the Vision Center every second Saturday at high noon. We are the Golden Achievers and so are you...you...you...you...and even you. Except for special events, our regular meetings only last for an hour.

Excitement comes forth for us 60 and older. But, when we get together to do God's work at the same place and the same time, WOW what a joyous hallelujah!

The second Saturday of the month at 12 noon at the Vision Center is "Golden Achievers Time".

Brother Arthur James, Your President



**men's
RETREAT 2014**

Cedine Retreat Center
Spring City, Tennessee
March 21-23, 2014

Theme:
Christian Men on the Front Line

Cost before Feb 21, Early Bird Price is \$125 before Feb 21

See Bro Oglesby or Bro Frazier for more information



PRAYER WALK

THE BREAD OF LIFE
John 6:35

MARCH 22, 2014

8:00 A.M. — 12:00 P.M.



Pastor David A. Clarke, Sr., Senior Pastor
 Pastor John Dukes, Assistant Pastor
 Union Grove Missionary Baptist Church
 809 S. Davis Dr
 Warner Robins, GA 31088
 478-922-5514

www.thegrovewr.org



STARTED FROM THE BOTTOM NOW WE'RE HERE

Where ya goin'?

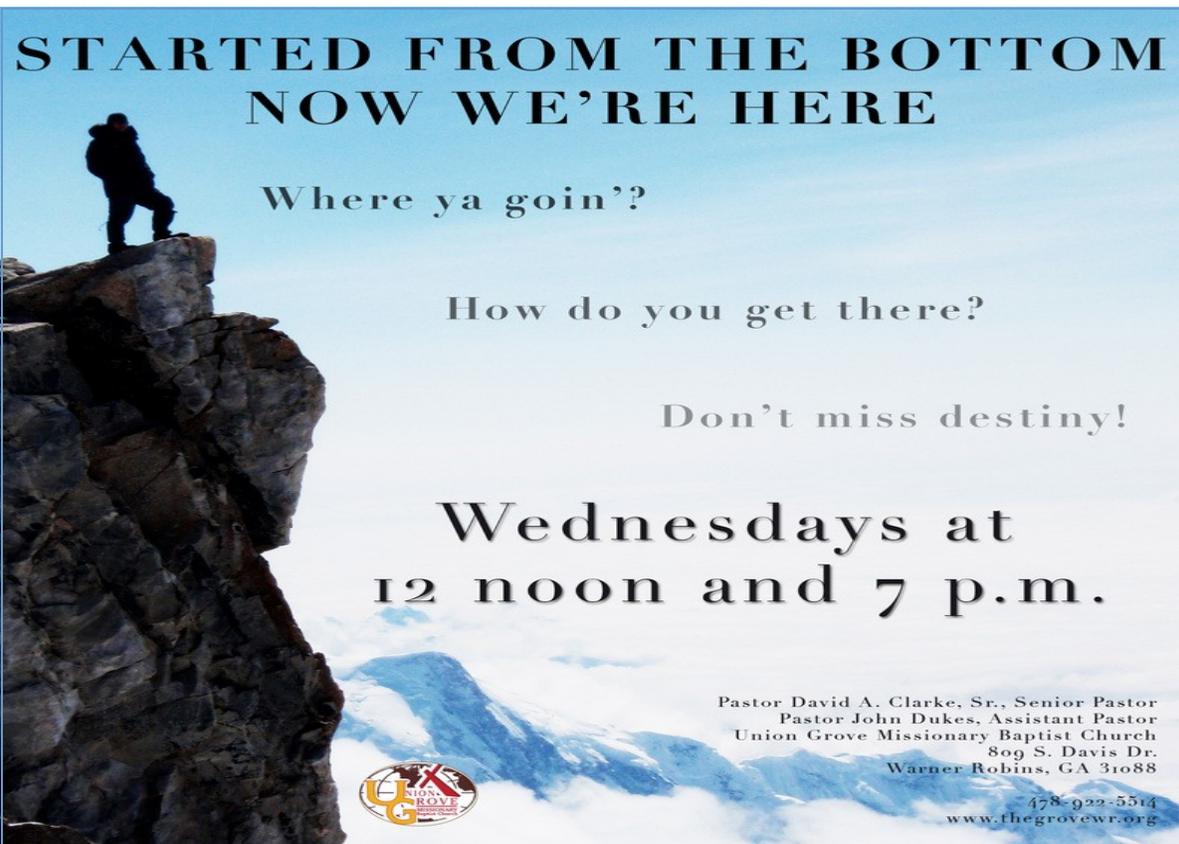
How do you get there?

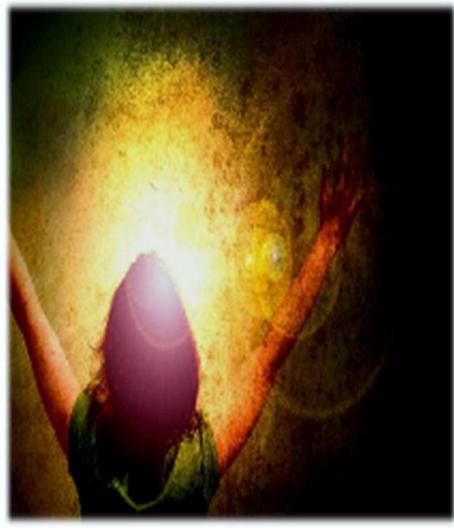
Don't miss destiny!

Wednesdays at
12 noon and 7 p.m.

Pastor David A. Clarke, Sr., Senior Pastor
 Pastor John Dukes, Assistant Pastor
 Union Grove Missionary Baptist Church
 809 S. Davis Dr.
 Warner Robins, GA 31088

478-922-5514
www.thegrovewr.org





G. L. O.R.Y.

God's Ladies Overcoming Reaping and Yielding

Colossians 2:2 That their hearts may be encouraged, being knit together in love, and attaining to all riches of the full assurance of understanding, to the knowledge of the mystery of God, both of the Father and of Christ.

Please join us for Bible Study

Journey with us through the Bible and find out how it still relates to us today.

Every 1st and 3rd Monday

Vision Center

1231 South Davis Drive

7:00p.m.

For more information, please contact Elder Connie Dinkins.





Alondra Anderson
 Alex Box
 Valerie Britt
 Milton Brown
 Lillie Buckles
 Marques Butler
 Theodolpus Caldwell
 Michelle Clarke
 Tenisha Clarke
 Michelle Culpepper
 Serita Gilbert
 Kathy Hardee

Joe Hogue
 Carolyn Jackson
 Tiffany James
 Annie Johnson
 Annie Johnson
 Morgan Johnson
 Alexis Jones
 Allison Jones
 Teresa Jones
 Keith Lambert
 Shwanda Leggette
 Tyshanta Lewis

Amber McCants
 Linda McCants
 Minnie McCollum
 April McKinzy
 Leonard McNair
 Sharonda McNair
 Virginia Mitchell
 Marie Newell
 Stacy Reeves
 Charlotte Shelton
 Alexis Simmons
 Condell Smith

Jennifer Stewart
 Vincent Stewart
 Janet Streater
 Robert Strickland III
 Brenda Thornton
 Pearl Toliver
 Catrina Turner
 Shun'kia Turner
 Ollie Vann
 Aukira Walker
 Andrena Williams

Happy Anniversary



Mr. & Mrs. Brian Porter



Pastor & Minister Dukes



Deacon & Mrs. Ed Jarvis



Elder & Mrs. Rashee Ragin

Mr. & Mrs. Bennie Leonard



~ Ministerial Staff ~



Pastor David A. Clarke, Sr.
 Assistant Pastor John Dukes
 Elder Milo Bradley, Jr.
 Elder Tammy Carpenter
 Elder Connie Dinkins
 Elder James Ford
 Elder Tommy Gray
 Elder Rashee Ragin
 Minister Marilyn Byrd
 Minister Dannie Dukes
 Minister Leo Finkley
 Minister Arie Freeman
 Minister Shane Hardee
 Minister Mary Lenoir
 Minister LaTonya Phillips
 Minister Antonia Simmons
 Minister Mary Ann Swinney
 Minister Cornelius Thorpe

~ In Training ~

Sister Marie Anderson
 Sister Linda Gray
 Sister Africa Porter
 Sister Earnestine Thompson

~ Deacon Contact List ~

A-C	Deacon Jerome Stephens	929-1476
D-F	Deacon Slater Thorpe	218-8736
G-I	Deacon Donald Woodard	987-9865
	Deacon Louis Laney	329-0957
J-K	Deacon Robert Simmons	
	Deacon Wendell Simmons	953-4290
L-N	Deacon T.C. Caldwell	293-8428
	Deacon Charles Lenoir	953-2350
O-R	Deacon Monroe Clark	953-2044
S	Deacon Alvin Myrick	788-5696
	Deacon William Jackson	929-4918
T-V	Deacon Edward Jarvis	923-5139
W-Z	Deacon Nathaniel Davis	923-7713

~ Junior Deacons ~

David Clarke II
 Caleb Doe
 Jason Wheeler

~ Administrative Assistant ~

Sister Janice Scott



BUS MINISTRY

Haven't found a ministry to fit your gift? If you have the gift of evangelism, hospitality or helps, the Bus Ministry may be for you. We are looking for dedicated drivers.

If interested, please contact Elder Dinkins at 478-335-1790

Island Conch Salad



Prep time: 10 mins.

Serves 5-10 people

1 lb. of fresh conch

small tomato

small bell pepper

vinegar

lime juice

salt n pepper

red pepper (optional)

In a bowl, combine conch, tomato, bell pepper, vinegar, salt n pepper and lime juice. You may add red pepper also at this point if you like a little spice in your life. :) Mix all the ingredients well and taste for your choice of pleasure. You can add more vinegar or lime juice if you like. Chill for 1 hour and serve with a topping of fresh cilantro (optional) on top.

Enjoy !

Caribbean Queens Catering and Much More
Queen Little- Owner / Head Cater / Planning Director [478-919-3160](tel:478-919-3160)

We look forward to serving you....caribbeanqueens@yahoo.com and on facebook



ANNOUNCEMENTS

- All announcements for the bulletin, screen and website can be submitted via e-mail to UnionGrovl@aol.com or by completing a bulletin request form and placing it in the Administrative Assistant's box **no later than Wednesday at 5 p.m.**
- Please contact **Sis. Janice Scott at 478-922-5514, ext. 102** to schedule events at the **Vision Center. (Ministries of Union Grove only)**
- To schedule **funerals** at the church, please contact Sis. Wanda Verrett at 478-328-1483.
- **The Healthcare Ministry** will provide blood pressure and cholesterol screenings each Sunday after the worship service. Remember, you must fast for eight hours prior to the cholesterol screening. Sis. Annie Lester
- **Note:** When entering any building/property owned by UGMBC, you are giving consent to the church to use your image in church publications, media, website/facebook, etc.

Thank You!!!

The **G.T.A.H. Newsletter Staff** would like to thank everyone who contributed to the March issue. Your assistance and words of encouragement are deeply appreciated and a blessing to the ministry.

*** WANTED ***

A youth or a member of the Youth Ministry to serve as a liaison between the Youth Ministry and the GTA H Ministry.

The G.T.A.H Staff

Carolyn Jackson

Shirley Jackson

Jackie Powell

Willie Smith

Newsletter Submissions

If you would like to see your ministry or event featured in the G.T.A.H., contact any member of the Newsletter Ministry, e-mail us at GTAHNewsletter@gmail.com by the 3rd Friday of each month or place your submissions in the Newsletter/G.T.A.H. box in the copy room.

G.T.A.H. Mission Statement:

"To aide others in spreading the knowledge of Christ and encouraging spiritual living through printed words."

The Best is Yet to Come!!!